

WE ARE AN **OFFICIAL** LOCATION FOR



INFORMATION PACK 2024

STUDIO INFORMATION



WELCOME TO SALLY K DANCE

Thank you for choosing SKD for your child's dance education. This information pack provides essential details about our studio and the Ready Set Dance program. From fees, term dates, policies and FAQ, it's all in here!

Ready Set Dance classes are offered in the mornings on Monday, Tuesday and Saturdays and are designed to keep children stimulated, fit and most importantly, ensure they have lots of fun!

LOCATION - 2 Mackellar St, Emu Plains, NSW, 2750

PHONE - 0411 204 546

EMAIL - sallykdance@gmail.com

WEBSITE - www.sallykdance.com.au

Information about the studio is available on the above web address. Periodic newsletters will be sent out by email and you're welcome to follow our socials on Facebook and Instagram, where we share information and class photos/videos! Once enrolled you will be given access to your own Parent Portal where you can manage your account, add classes and pay your account from a computer or smart phone.

We hope you find this information pack helpful. If you have any questions or need further assistance, please don't hesitate to contact us. We look forward to sharing the joy of dance with your child and your family!

IMPORTANT DATES

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Stay informed about important dates at Sally K Dance!

Term Dates:

The calendar for dancing follows the school calendar. Therefore the dates for the dancing year are as follows:

Term 3: Monday 23rd July - Saturday 28th September

Term 4: Saturday 12th October - Saturday 7th December

*Please note ALL Ready Set Classes go straight through the school holidays

FULL FEES are to be paid by the end of Week 4 each term.

Studio Photos:

Individual Photos (bookings required) Sat 19 - Sun 20 Oct

Group Photos Saturday 9th November

Concert Performance:

Saturday 2nd November 2024 (Morning)

End of Year Celebration:

Monday 2nd - Saturday 7th December

For more details or questions please contact us. We're excited for a great dance year at Sally K Dance!

TIMETABLE & FEES



MONDAY & TUESDAY

9.15-10.15am	Ready Set Dance (Studio 1)
9.30-10.10am	Ready Set Move (Studio 2)
10.15-11am	Ready Set Acro (Studio 2)

SATURDAY

8.45-9.25am	Ready Set Move (Studio 2)
9.30-10.30am	Ready Set Dance (Studio 1)
10.30-11am	Ready Set Ballet (Studio 1)

PRICES

Ready Set Ballet - 30 min	\$150 per term
Ready Set Acro - 40 min	\$185 per term
Ready Set Dance - 1 hr	\$230 per term
Ready Set Combo Classes	\$320 per term
Annual Enrolment Fee	\$40 per student

Please Note: All prices are inclusive of GST and classes are invoiced termly.

However, classes continue to run through the regular school holidays.

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UNIFORM



UNIFORM

All READY SET DANCE, READY SET BALLET & READY SET ACRO students will be required to wear the official uniform that we are sure you will love. Below are the following options that can be purchased at reception.



TUTU FRILL DRESS
\$45



CROSS OVER
\$45



T SHIRT
\$25



SHORTS
\$30



JACKET
\$50



STOCKINGS
\$15



HAIR ACCESSORIES
\$10



SOCKS
\$6



BIKETARD
\$45



BALLET, TAP & JAZZ SHOES
\$45-\$70



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INFORMATION



MONDAY & TUESDAY

9.30-10.10am	Ready Set Move With Me
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SATURDAY

8.45-9.25am	Ready Set Move With Me
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PRICES

Ready Set Move class fee for Toddler and their Grown Up	\$185 per term
Annual Enrolment Fee	\$40 per student

Please Note: All prices are inclusive of GST and classes are invoiced termly.

UNIFORM

All READY SET MOVE students will be required to wear the official uniform that we are sure you will love. Below are the following options that can be purchased at reception.



T SHIRT
\$25



SHORTS
\$30



SOCKS
\$6



HAIR BOWS
\$10
HEAD BAND



OUR PRESCHOOLER PROGRAMS



READY SET DANCE is a combo class of JAZZ, TAP, HIP HOP, SINGING and MUSIC. Designed for both boys and girls, the program focuses on teaching the fundamentals of dance while developing confidence, coordination and creativity in a professional and safe environment.

JAZZ

Develop muscle strength, control and balance and achieve coordination milestones like skipping before going to school.

HIP HOP

Bust out some ice cold moves just like FREEZE to our original hip hop tracks.

MUSIC

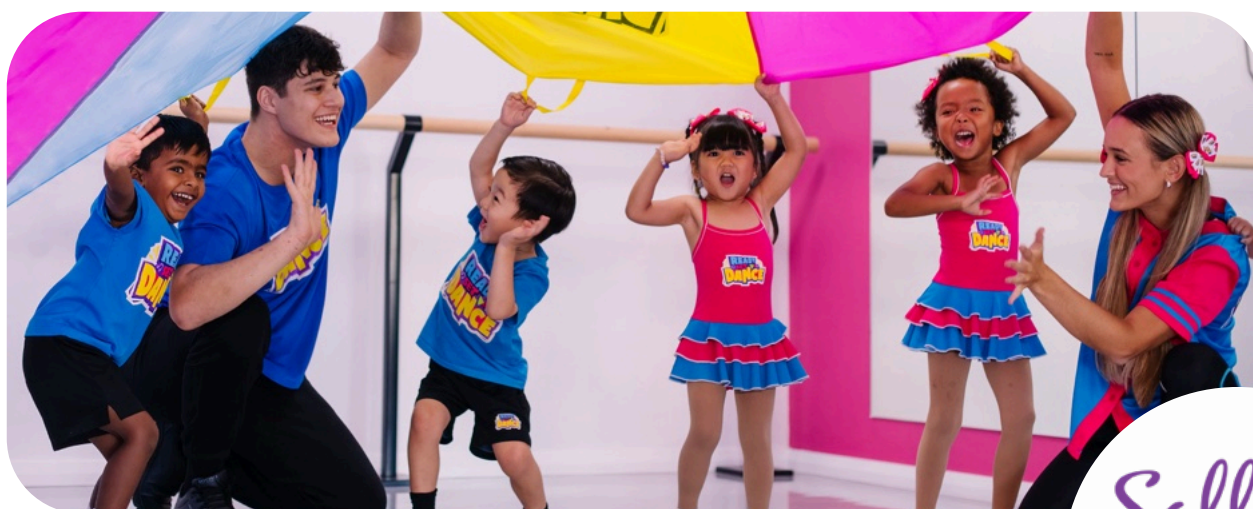
Develop the musical ear, dynamics and tempo while having fun with instruments and the parachute.

SINGING

Sing like TWIRL and build confidence singing on the microphone.

TAP

Learn the fundamentals of tap in a playful and creative way splashing in puddles and shuffling like a penguin.



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OUR PRESCHOOLER PROGRAMS



READY SET BALLET is magical ballet experience for 2- 5 year olds where they learn the fundamentals of classical ballet.

MUSIC

Engage in specifically designed music that captures the beauty of classical ballet.

CURRICULUM

Develop coordination, body awareness, strength and flexibility both through visual and auditory instruction.

MIME

Explore creativity and gain confidence by going on a picnic with FREEZE and TWIRL, riding the tutu train to storybook lane and so much more.

THEMED DANCES

Learn the beautifully themed dances that have music prompts to support preschooler's playful participation.

PROPS

Have fun twirling with rainbow ribbons, swaying with feathers and popping bubbles. These resources support tactile awareness and strengthen fine motor coordination and control.



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OUR PRESCHOOLER PROGRAMS



READY SET ACRO is a collaborative acrobatic program developed with Industry Leader Acrobatic Arts, specifically designed for preschoolers. It emphasises safe and effective progressions to foster the physical and social skills needed for healthy early childhood development.

The program is developed with original music with lyric cues and focuses on three key components: STRETCH, STRENGTH & SKILLS.

STRETCH:

Enhance flexibility and expand the range of motion in all major muscle groups.

STRENGTH:

Young learners engage in a variety of exercises designed to promote physical strength and control.

SKILLS:

Preschoolers develop social literacy and build confidence while exploring a wide range of AcroDance movements, from basic poses and balances, to more complex hand stands and cartwheels whilst always working at an appropriate level for their skill and experience.



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★ CONFIDENCE ★

Regular and sustained participation in Ready Set Dance classes helps children to develop their confidence as they try new things, practice and consolidate existing skills and experience success and mastery.



👟 COORDINATION 👟

The carefully sequenced and playful program develops physical coordination, the coordination of the senses, the coordination of the mental processes and language and the coordination of social connections.

🌈 CREATIVITY 🌈

Children are encouraged to use their imaginations to think divergently and to explore their own creative responses to the invitations within dance, music & drama.



STRETCH

WITH FLEXY TO
INCREASE FLEXIBILITY
& RANGE OF MOTION



STRENGTH

EXCERCISES WITH BRIDGIE
TO INCREASE CONTROL &
PHYSICAL LITERACY



SKILLS

WITH FLIP TO BUILD
CONFIDENCE,
SOCIAL LITERACY &
ACRODANCE
MOVEMENTS



FAQ'S

Can I watch my child's classes?

In our experience preschoolers are able to concentrate better without the distraction of other noise in the room from parents and other siblings. Our program has been endorsed by leading child care experts who support the independent learning model. As preschoolers participate in classes they have the opportunity to develop additional secure attachments with adults (teachers) and peers. This helps them transition positively into the larger world and helps with school readiness.

Having said that, a lot of children are timid at first and need to know that a parent is close by. Our program allows parents to watch the first class if necessary to help them adjust.

Are your teacher's qualified?

All teachers have their Working with Children Check (or equivalent) and follow the program that is endorsed by early learning experts. Ready Set Dance teachers are required to gain their certification from Ready Set Dance head office before delivering the program.

Do we need to purchase uniform and shoes?

Students must wear the Ready Set Dance uniform. However, we need to make sure we are the right fit for you and your child before committing to anything. Comfortable clothes and sneakers are fine for the first couple of lessons. Once your child has settled you can purchase the official Ready Set Dance uniform at reception which we are sure you will love.

What is watching day?

Watching day is where parents get to view their child dance as an audience in the classroom. It's a chance for your child to begin their first step to working on their performance skills.

If we miss a class can it be made up on another day of the week?

You may swap days during Terms 1, 2 and 3 if you miss a class (as long as the make up class is not full). In Term 4, each class works on a different routine for the end-of-year concert, and it is too confusing for students to be swapping days. We do recommend that you avoid alternating days too much as preschoolers need the comfort of knowing that the same teacher and their friends will be there when they go to dancing.

How can I experience Ready Set Dance at home?

Ready Set Dance airs on Nick Jr and Paramount Plus. You can also catch us on YouTube and the Nick Jr Play App. The Show has been so popular that it is now airing in 120 countries all over the world. Preschoolers love to dance along to their favourite songs from the TV show in their classes every week.

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ENGAGE
WITH
MUSIC AND
MOVEMENT



EXPLORE
ACTIVITIES
AND PLAY
WITH FRIENDS



EXPRESS
CREATIVITY
AND USE
IMAGINATION



OUR TODDLER & GROWN UP PROGRAM



READY SET MOVE is a creative movement and music class for toddlers from walking to 3 years of age, and their grown up. The class consists of 3 sections – ENGAGE, EXPLORE AND EXPRESS.

ENGAGE

The engage section is a playful exploration of music, nursery rhymes, lap play and parachute fun.

EXPLORE

The explore section is set up as a circuit around the room with obstacles like stepping stones, tunnels and sensory activities designed to encourage investigation and build coordination skills.

EXPRESS

The express section of the class involves free dance movement which develops creativity with instruments, feathers and bubbles.

Participating in READY SET MOVE with the support of a grown up can make a significant contribution to play, development and learning. So come and bounce like a bunny, be slow like a sloth and create memories with your special little mover.



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FAQ'S



WHO CAN PARTICIPATE IN THE CLASSES?

Ready Set Move is an inclusive program that welcomes all grown ups. Mums, dads, grandparents and special friends can all join in the fun. We do ask that only ONE grown up accompanies each toddler to help us abide by space restrictions and requirements. Grown ups need to be physically able to sit on the ground, get up and down off the floor and lead toddlers through the exercises.

WHAT AGE GROUP DOES THIS CLASS CATER FOR?

This program is designed for toddlers/preschoolers from walking age to 3 years who are more comfortable attending class with a grown up.

WHAT HAPPENS IN THE CLASS?

The beginning of the class is the most structured part of the lesson. This circle time includes knee bounce nursery rhymes, the stretchy band, parachute fun and even some toddler aerobics. The next part of the class is a time for toddlers to be creative and use their imaginations playing instruments and our favourite themed dice game. In the third part toddlers love to crawl through tunnels, balance on beams and explore a variety of different activities around the room. The class concludes with a calm and connect song with our giant feathers or bubbles leading into sticker time.

WHAT WILL MY TODDLER LEARN?

The class has been created by experienced dance professionals, professional songwriters and early learning experts. There are benefits in every song! Our original mirror song is designed to teach toddlers the 16 hand gestures they should be developing by 16 months.

"Playful exploration of music and dance with the support of a familiar caregiver can make a significant contribution to play, development and learning"

- Dr Cathie Harrison, Early Childhood and Gifted Education Consultant.

ARE THE TEACHERS QUALIFIED?

The All teachers have their Working with Children Check (or equivalent) and follow the program that is endorsed by early learning experts. READY SET MOVE teachers are required to gain their certification from READY SET DANCE head office before delivering the program.



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FAQ'S



WHAT DOES MY TODDLER NEED TO WEAR?

We have the official Ready Set Move T-shirt and shorts available at the studio for purchase/order. Black leggings or light tracksuit pants are also an option for toddlers who are sensitive to sitting on the dance flooring.

DOES MY TODDLER NEED SPECIAL SHOES?

No. There are no dance shoes required for this class. Comfortable sneakers work perfectly.

WHAT SHOULD THE PARTICIPATING GROWN UP WEAR?

We have matching T-shirts available at the studio for purchase. You are also welcome to wear any clothes and sneakers that you feel comfortable being active in.

IF WE MISS A CLASS CAN IT BE MADE UP ON ANOTHER DAY OF THE WEEK?

You may swap days if you miss a class (as long as the make up class is not at full capacity). We do recommend that you avoid alternating days too much as toddlers need the comfort of knowing that the same teacher and their friends will be there when they go to class.

HOW LONG SHOULD MY TODDLER PARTICIPATE IN THIS CLASS?

The program is designed to be enjoyed for the full year. The content is adapted each school term to create new and exciting experiences, including seasonal celebrations. As toddlers build confidence and resilience, they can be transferred to the Ready Set Dance Level 1 program which is an independent style class done without a grown up.

IS THERE ANYTHING ELSE I NEED TO KNOW BEFORE THE FIRST LESSON?

Grown ups enjoy this class just as much toddlers! It's a great way to meet other families in your local area and learn new ways to engage with your toddler at home.



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